

NEW CINDERFORD STROKE CLUB

Meets on the second Wednesday of the month

At St. Annal's House
The Belle Vue Centre, Cinderford
10AM – 12PM



POSSIBLE FUTURE ACTIVITIES

Arts and Crafts
Gentle Exercise
Books and Reading
Reminiscence
Health Demonstrations
E.g. massage, blood pressure,
other social activities



**FOR MORE INFORMATION OR TO VOLUNTEER
PLEASE CONTACT**

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Website
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Registered Charity in England and Wales (No 211015)
Registered Charity in Scotland (SC037789)